



NEWSLETTER

Support Alliance For Emergency Readiness

CREATING A **SAFER** SANTA ROSA

www.santarosa.fl.gov/coad/index.html

Welcome to the SAFER Santa Rosa newsletter. We hope to produce this product on an as needed basis to make members aware of member initiatives, opportunities for volunteering or training, and member needs.

23 October 2009

Edited and Distributed by SAFER Public Affairs Committee

NEEDS or REQUESTS

VA Stand down

The EscaRosa Coalition on the Homeless is partnering with the US Department of Veterans Affairs for the annual VA STAND DOWN coming up on November 6th. Prior to that event we need to collect and package 500 personal hygiene kits to be distributed to our local homeless veterans and their families at the STAND DOWN.

Items Needed: - Each kit should be a clear, quart-size zip-lock bag containing a combination of any five different items from the following list (travel size items)

| | | | |
|---------------------------|--------------------------|-------------------------------|-------------------------------|
| <i>Toothbrush</i> | <i>Hand sanitizer</i> | <i>Comb</i> | <i>Alcohol wipes</i> |
| <i>Toothpaste</i> | <i>Wet Wipes</i> | <i>Brush</i> | <i>Band Aids</i> |
| <i>Dental floss Picks</i> | <i>Deodorant</i> | <i>Shampoo</i> | <i>Sunscreen</i> |
| <i>Mouthwash</i> | <i>Disposable Razors</i> | <i>Chap stick/ lip balm</i> | <i>"OFF" Insect Repellent</i> |
| <i>Soap</i> | <i>Shave Crème</i> | <i>Nail clipper</i> | <i>Personal first aid kit</i> |
| <i>Shower gel</i> | <i>Hand/Body Lotion</i> | <i>Nail file/emery boards</i> | <i>Kleenex Tissues</i> |

Janis Wilson janis.wilson@ecoh.org EscaRosa Coalition on the Homeless [850-255-5570](tel:850-255-5570)

(On behalf of all SAFER members I will donate some of our left over hand wipes and hand sanitizer from the Day of Service we participated in this past April to this cause)

501 (c) 3 Support

We are still trying to raise the last few hundred dollars to be able to pay for our forthcoming 501(c) 3 status. If you or your organization would like to make a charitable donation to the SAFER Santa Rosa association, please make checks payable to: **SAFER Santa Rosa**
You can make a deposit at any local Coastal Bank and Trust branch or by mailing checks to:
SAFER Santa Rosa c/o Tracie McMahan @ Coastal Bank and Trust

3473 Gulf Breeze Parkway, Gulf Breeze, FL 32563 or making a deposit at any Coastal Bank and Trust bank. Contact Tracie for account number @ **(850) 934-7772**

INFORMATION

H1N1 information for faith based partners

The Department of Health and Human Services Center for Faith Based and Neighborhood Partnerships has announced a new resource for community and faith-based organizations:

[H1N1 Flu: A Guide for Community & Faith-based Organizations.](#)

Community and faith-based organizations are essential partners in comprehensive state and local flu response, and this guide was created to support them this flu season. The guide provides specific action steps that community and faith-based organizations can take to help keep communities healthy during flu season, including:

- Communicating important information about flu
- Supporting vaccination efforts
- Linking vulnerable and hard-to-reach populations to vital information and resources

Visit <http://flu.gov/professional/community/> to download the guide.

Cold Weather Shelter

Keep your eyes open for ways to assist in providing for the less fortunate as the temperatures start to fall this winter.

H1N1 information from Department of Health

Students in Santa Rosa County's public pre-kindergarten programs began receiving the first doses of H1N1 Flu vaccine mist last week. Nurses from the health department administered the vaccine to 106 pre-k students at the county's seven elementary schools. Permission slips and information packets were sent home to parents of pre-k students at two of the county's private schools on Friday, and the health department visited those schools. The health department also expects to begin vaccinating children in several of the private day care facilities the week of the 19th.

The CDC recommends that children under the age of 10 receive two doses of the H1N1 vaccine in order to be fully protected against the virus. The health department will continue to receive shipments of H1N1 Flu mist and will return to the pre-kindergarten sites in approximately 28 days to administer the second doses.

The health department has also received 500 doses of injectable vaccine in multi-dose vials and 100 pre-filled single dose syringes, which they will begin distributing to additional priority groups this week. Emergency communalizations and emergency medical personnel will receive the vaccine on site at their facilities by teams of health department nurses, who will also be administering the vaccine to pregnant women at their obstetricians' offices. Pregnant women with questions about vaccine availability should contact their doctor.

H1N1 Flu mist has also been distributed to pediatricians and family practice physicians in Santa Rosa County. The mist is appropriate for children 2 through 18 years of age with no underlying medical conditions. Parents who would like their children to receive the H1N1 Flu mist should contact their provider. The flu mist and injectable vaccine are not available at the health department at this time.

The Santa Rosa County Health Department encourages residents to continue to practice preventive precautions which include washing hands frequently with soap and warm water, or using hand sanitizer if soap and water are not available, covering coughs and sneezes and staying at home if they are sick, as well as keeping children who are sick at home.

Seasonal flu vaccine is also still available at the health department. For questions concerning seasonal flu vaccine availability and clinic hours, call the Santa Rosa County Health Department at 983-5200.

For general information about H1N1 call the flu hotline at 1-877-352-3581 or visit www.myflusafety.com.

OPPORTUNITIES

CARE GIVER TRAINING

1. Formal Caregiver's Training ~ Free to attend. Attendees will receive the COAWFLA Caregiver Training Manual: Taking Care of Both Caregiver and Care Receiver. This training is usually at least four hours in length; we've had requests for a night class and we will split this particular training between two nights:

Part 1: Monday, November 2, 2009 ~ 6:00 p.m. to 8:30 p.m. in the parlor of the COAWFLA Adult Daycare at 875 Royce Street, Pensacola, FL 32503

Part 2: Tuesday, November 3, 2009 ~ 6:00 p.m. to 8:30 p.m. in the parlor of the COAWFLA Adult Daycare at 875 Royce Street, Pensacola, FL 32503

To make reservations for this training opportunity, call the COAWFLA at 850-432-1475. Refreshments will be provided.

2. Caregiver Training Opportunity ~ VA Healthcare Benefits. November 17, 2009, 1:00 p.m. Hayward Roberts and Jeanie Sherman, Licensed Clinical Social Workers with the Joint Ambulatory Care Center in Pensacola / VA Gulf Coast Health Care System will present the topic and answer questions.

This training will be held at Peoples Home Health at 213 East Wright Street, Pensacola, FL 32501. Reservations are required. To make reservations for this training opportunity, call the COAWFLA at 850-432-1475. Refreshments will be provided.

3. The Pensacola Caregiver Support Group meeting in November will meet earlier in the month in observance of Thanksgiving. See below for more details.

The COAWFLA Caregiver Support Groups held in Escambia and Santa Rosa Counties are non-disease specific, are led by a facilitator, and county or location of residence is not a requirement to attend any or all of the meetings. These groups are available to **support all Caregivers** regardless of the condition or illness of the person being cared for...ALL Caregivers are welcome to attend ~ including Grandparents caring for/raising grandchildren or relatives caring for a disabled adult! No reservation is required.

These Caregiver Support Groups meet monthly ~

PENSACOLA ~ 6:00 p.m. the last Thursday of each Month ~ **NEXT Meeting is Thursday, October 29th.**

Meetings held at COAWFLA Adult Daycare Parlor, 875 Royce Street.

MILTON ~ 6:00 p.m. the first Thursday of each Month ~ **NEXT Meeting** is November 5th. Meetings held at St. Rose of Lima Catholic Church, 6451 Park Avenue.

NAVARRE ~ 5:30 p.m. the first Tuesday of each Month ~ **NEXT Meeting** is November 3rd. Meetings held at the Santa Rosa County Library, 8484 James M. Harvell Road.

GULF BREEZE ~ 6:00 p.m. the second Tuesday of each Month ~ **NEXT Meeting** is November 10th. Meetings held at The Blake at Gulf Breeze, 4410 Gulf Breeze Parkway {Hwy 98}.

Free Door Prizes and Refreshments provided monthly by The Blake!

CENTURY ~ 6:00 p.m. the third Thursday of each Month ~ **NEXT Meeting** is November 19th. Meetings held at Century Care Center, 6020 Industrial Blvd.

Free Door Prizes and Refreshments provided by Century Care Center.

Council on Aging of West Florida is a local, independent 501(c)(3) not-for-profit assisting seniors and their families in Escambia and Santa Rosa Counties live healthy, safe, and independent lives in their own surroundings by providing community based, in-home programs and services such as Meals on Wheels, Alzheimer's Respite, Caregiver Support, and Adult Day Care. Caregiver Support Groups are offered through Council on Aging of West Florida, Inc. in partnership with the Florida Department of Elder Affairs, the Northwest Florida Area Agency on Aging / Aging Resource Center, The Blake at Gulf Breeze, St. Rose of Lima Catholic Church, The Santa Rosa County Library Navarre, and Century Care Center.

See the COAWFLA web site at www.coawfla.org for more information or contact:

Council on Aging West Florida, Inc. P.O. Box 17066, Pensacola, FL 32522 (850) 432-1475

or

Kenny Holt, Vice President, Social and Community Services, Council on Aging of West Florida, Inc. Escambia and Santa Rosa Counties

KHolt@coawfla.org (850) 432-1475 Ext. 610 or 266-2516 or 206-0568 Fax: (850) 479-9332

NAVARRE CERT Training

The next class will take place at Holley-Navarre's Fire Station #45, 8618 Esplanade St., Navarre.

- Friday, November 6, 2009 – 1800-2130 (6:00pm - 9:30 pm)
- Saturday, November 7, 2009 – 0800-1700 (8:00am-5:00pm)
- Sunday, November 8, 2009 – 1300-1700 (1:00pm-5:00pm)
- Friday, November 13, 2009 – 1800-2130 (6:00pm - 9:30pm)
- Saturday, November 14, 2009 – 0800-1700 (8:00am - 5:0pm)
- Sunday, November 15, 2009 – 1300-1700 (1:00pm - 5:00pm)

Navarre CERT in conjunction with Santa Rosa County Emergency Management and HNFHD is sponsoring and conducting Community Emergency Response Team training at the Holley Navarre Fire Station 8618 Esplanade St. The class covers six sessions (two Friday evenings, two Saturdays, and two Sunday afternoons), all of which must be completed to be CERT-qualified. Students will receive a CERT backpack containing a CERT hard hat and vest, and other equipment/supplies.

Sign up online by going either to the Santa Rosa County link

<http://www.santarosa.fl.gov/citizencorps/cert.html> or go to www.navarrecert.org

Prerequisite for this class is FEMA's online course [Independent Study 317: Introduction to Community Emergency Response Teams](http://www.citizencorps.gov/cert/training_mat.shtm). http://www.citizencorps.gov/cert/training_mat.shtm

BEDS and FURNITURE AVAILABLE

I wanted to let SAFER and ECOH know that the Bachelor's Quarters (Like a hotel) on NAS Pensacola is doing renovations and will have a considerable amount of good quality used furniture (beds, dressers, chests, chairs, etc.) to get rid of. Government rules allow for free disposition to 501(c) 3 organizations. If we have transitional housing, shelters or any other qualified agencies that can put it to good use, please let me know and I will provide the contact information.

Bill Lawson, YC-2, DON Director, Fleet & Family Support Programs billy.g.lawson@navy.mil
7511 USS Enterprise St., Bldg 3025 NAS Whiting Field, FL 32570 (850) 623-7177