



# NEWSLETTER

Support Alliance For Emergency Readiness

CREATING A **SAFER** SANTA ROSA

[www.safersantarosa.org](http://www.safersantarosa.org)

31 Mar 2014

No act of kindness, no matter how small, is ever wasted. - Aesop

## **NEEDS, REQUESTS, DONATIONS**

*We can do no great things -- only small things with great love. --Mother Teresa*

*"You make a living by what you get, but you make a life by what you give". -- Winston Churchill*

## **ANNUAL MEETING**

The SAFER Santa Rosa Annual meeting sponsored by Interfaith Ministries is on the 7<sup>th</sup> of May from 11am-1pm. Lunch will be served. The location is: 4115 Soundside Drive (off of 98) (map to location) <http://www.mapquest.com/?version=1.0&hk=6-39E0nZV9>

Please RSVP to me at [safers@santarosa.fl.gov](mailto:safers@santarosa.fl.gov)

We will also be doing elections soon (we have several openings) so if you would like to be on the SAFER board send your contact information, thanks to those who have already volunteered.

The board approved a measure to look into changing the bylaws so as to hold elections for all board members annually. We will vote on this soon.

## **PACE/MILTON MOBILE FOOD PANTRY VOUCHERS**

One Love is holding a mobile food pantry in *Pace and Milton on Friday, April 18<sup>th</sup>* at 10:00 a.m. We have been asked to assist in this by putting the word out and providing a running list of people who will be receiving vouchers. If you know of a family who is in need, please provide them with one of the attached vouchers and then either email or call me with their names and, if possible, the number of people in their family. That's all I need. Please make sure the person who accepts the voucher it is important they show up to collect their food as the vouchers are limited. One voucher per family please. One Love is planning on enough food for 140 families AT EACH LOCATION. The plan is to have those in the Pace area (including Pea Ridge, Jay...) to get the Pace voucher and to go that location and those in the Milton area (East Milton, Bagdad, Milton...) to get a Milton voucher. **I must have all the names by 2:00 p.m. on April 14<sup>th</sup>.**

If you have any questions please do not hesitate to contact me via email or phone.



One Love Flyer.pdf



MiltonVoucher.pdf



PaceVoucher.pdf

Dawn N. Stone 850-983-5237

## **STADIUM STOMP AND BASEBALL**

Join the American Red Cross for a stadium stomp and baseball game on Sunday, April 27th at Bayfront Stadium at the Community Maritime Park. The event starts at 2 pm with a 1.3 mile

walk/run and concludes with a Blue Wahoos baseball game at 4.

Proceeds from the event benefit the American Red Cross of Northwest Florida in their mission to assist our neighbors in their time of need.

To register, log onto (Search Stadium Stomp) [www.active.com](http://www.active.com).  
We are drawing the winning ticket for the 65" flat screen TV at the event

Join our sponsors Allen Turner Hyundai, Gulf Power, Cox, Pensacola News Journal, Navy Federal Credit Union, World of Beer, Hancock Bank, Complete DKI, and The Cutting Board.

Our sponsor will be recognized on the big during the game and PNJ will be doing a full page ad before the event and after the game. For more information or to get information about sponsorship visit our website link

<http://www.redcross-nwfl-events.com/2014-stadium-stomp.html>  
You can call Jerry at 850-432-7601 or email at [jerry.kindle@redcross.org](mailto:jerry.kindle@redcross.org)

### **KEEPING YOUR HEAD ABOVE WATER: FLOOD INSURANCE, MITIGATION, AND THE COMMUNITY RATINGS SYSTEM**

In conjunction with Florida Sea Grant and the Okaloosa County Extension Office, I'm pleased to invite you to Crestview on April 24<sup>th</sup> for a daylong workshop on the latest changes to the National Flood Insurance Program (NFIP) and the Community Rating System (CRS). We will have speakers from FEMA, UF, Texas A&M, and the Florida Division of Emergency Management, along with case studies from local contractors and plenty of time for discussion. Please see the flyer for more information and pass it along to any interested parties.

Cost: \$25 (includes lunch and materials)

CFCs available for Certified Floodplain Managers

Register online: <http://www.eventbrite.com/e/keeping-your-head-above-water-flood-insurance-mitigation-and-the-community-rating-system-tickets-10691513605>

### **SPRING WEATHER - 9 WAYS TO PREPARE: DISASTER RECOVERY TIP #13**

Wednesday afternoon, small tornadoes swept through parts of California, a region unaccustomed to such systems. This unusual occurrence is an excellent reminder of spring weather's unpredictability.

To help you prepare for the season ahead, here are [9 things you can do right now](#) to ensure that your employees and your organization are ready.

To download the checklist, [click here](#).

**NIGHT AT THE RACES**



*2nd Annual*  
***A Nite at the Races!***

*To Benefit*  
***EscaRosa Coalition on the Homeless***  
*May 3, 2014*

**Horses are going FAST!!! Order yours soon, to be listed in the Official Program.**

**Step 1—Race Horse "Ownership" :** Own your own Race Horse for \$25 (one horse in one race). Horse and stable names will be listed in the event program. The owner of the winning horse for each of our 8 races will receive a prize and a photo in the winner's circle.

Name of your horse \_\_\_\_\_ Name of your stable \_\_\_\_\_  
(Preference for Race# \_\_\_\_\_ (1-8) or Horse # \_\_\_\_\_ (1-12) Assigned on a first available basis)

**Advance Entry Tickets:** light hors d'oeuvres and Tokens for "wagering" Cash bar takes real money.

\_\_\_\_\_ **Millionaire Row**— Sponsor includes 8 entry tickets and reserved Table seating, Photo in Winner's Circle & 320 Funny Money Tokens= \$400

\_\_\_\_\_ **Jockey Club**— General table seating & 35 Funny Money Tokens = \$35 per person  
**LIMITED OFFER—RESERVE SEATING FOR 8 PLUS 35 TOKENS each = \$220**

\_\_\_\_\_ **Infield**— Lawn Chair Section General Admission & 25 Funny Money Tokens = \$25 per person

Your name, address and phone #'s ( will not be included in program)

Your name: \_\_\_\_\_

Your address: \_\_\_\_\_

Your e-mail: \_\_\_\_\_

Your phone # Cell \_\_\_\_\_ Wk/Hm \_\_\_\_\_



Please make checks out to:

ECOH  
P.O. Box 17222  
Pensacola, FL 32522  
Fax 436-4656

Questions – call Tammy Byrer (850) 439-3009

## **RELAY FOR LIFE® TEAMS AND SPONSORS NEEDED TO HELP THE AMERICAN CANCER SOCIETY FINISH THE FIGHT**

The American Cancer Society is seeking teams and sponsors to be a part of the Relay For Life of Milton/Pace on April 25th & 26th at Pensacola State College. Help us make this cancer's last century!

The next team meeting will take place on March 25th at 6PM at Santa Rosa Medical Center in the Locklin Building. By participating, volunteers will be helping the American Cancer Society in the life-saving mission started one-hundred years ago.

"On May 22, 2013 the American Cancer Society celebrates 100 years of fighting to save lives from cancer, and it's the progress we've made together – as a community, as volunteers, as survivors and as leaders – that has helped us reach this incredible milestone with tremendous success," says The American Cancer Society. "We've never been more ready to complete our mission and put ourselves out of business. By lending your support to the Milton/Pace Relay event this year, you'll be helping the Society finish the fight and bring an end to cancer as we know it."

During Relay For Life events, teams of people camp out overnight at a local school, park, or fairground, and take turns walking or running around a track or path. Each team is asked to have a representative on the track at all times during the event. Because cancer never sleeps, Relay events take place overnight, up to 24 hours in duration.

To join the Relay For Life of Milton/Pace as a Team Captain or sponsor and to learn more about the program, call the American Cancer Society at 850-475-0850, or visit [RelayForLife.org/miltonpacefl](http://RelayForLife.org/miltonpacefl).

The American Cancer Society is a global grassroots force of more than three million volunteers saving lives and fighting for every birthday threatened by every cancer in every community. As the largest voluntary health organization, the Society's efforts have contributed to a 20 percent decline in cancer death rates in the U.S. since 1991, and a 50 percent drop in smoking rates. Thanks to our progress, nearly 14 million Americans who have had cancer and countless more who have avoided it will celebrate more birthdays this year. As we mark our 100th birthday in 2013, we're determined to finish the fight against cancer. We're finding cures as the nation's largest private, not-for-profit investor in cancer research, ensuring people facing cancer have the help they need and continuing the fight for access to quality health care, lifesaving screenings, clean air, and more. For more information, to get help, or to join the fight, call us anytime, day or night, at 1-800-227-2345 or visit [cancer.org](http://cancer.org).

**FOR MORE INFORMATION, CONTACT:** Brenda Hamamura American Cancer Society  
Phone: 850-266-2285 Email: [brenda.hamamura@cancer.org](mailto:brenda.hamamura@cancer.org)

### **SANTA ROSA KIDS' HOUSE**

April is **National Child Abuse Prevention Month**. The Santa Rosa Kids' House is presenting a special awareness campaign for ALL of Santa Rosa County. Show your support and involve your staff and customers, friends and family. Display a blue bow on your storefronts and mailboxes during the month of April for our "**Santa Rosa County Bows Up Against Child Abuse**" project. Display pinwheels at your business or home in support of our "**Pinwheels for Prevention**" project. Wear a pinwheel lapel pin in support of this awareness effort.

**Please help us "Stop the Hurt!"**



2014 ORDER FORM  
BowPinwheels (2).doc

For more information contact: Santa Rosa Kids House  
5643 Stewart St. - Milton, Florida 32570 Phone 850-623-1112  
[www.srkidshouse.org](http://www.srkidshouse.org) Like us on Facebook

## **INFORMATION**

*When you cease to make a contribution you begin to die. - Eleanor Roosevelt*

### **FLORIDA DEPARTMENT OF HEALTH IN SANTA ROSA COUNTY ADDRESSES COUNTY HEALTH RANKINGS**

The Florida Department of Health in Santa Rosa County recognizes the value in measuring health outcomes and today acknowledged the 5th annual County Health Rankings & Roadmaps tool released by the University of Wisconsin and the Robert Wood Johnson Foundation. This study highlights the many community factors that influence health and uses established data, much of which is available from the Department at [www.floridacharts.com](http://www.floridacharts.com).

“We are very pleased that Santa Rosa County was ranked number six according to the Robert Wood Johnson Foundation analysis,” said Sandra Park-O’Hara, Administrator of the Florida Department of Health in Santa Rosa County. “However, we know that there are still opportunities for improvement and we look forward to working with our community partners in addressing those challenges.”

These rankings are a snapshot of the health of counties across the country and they emphasize that health is not a singular effort but a combined work in progress across all community partners. The Department works in collaboration with local governments, non-profit organizations, health care facilities, business groups, schools, faith-based organizations and many other stakeholders to improve the health of all people in Santa Rosa County. These rankings use data related to physical environments, social and economic factors, health behaviors and clinical care.

In Santa Rosa County, the Community Health Improvement Plan (CHIP) is designed to address specific opportunities for improved health that have been identified by the community. The Department has partnered with many stakeholders to implement the CHIP and collaborates regularly to track progress. Initiatives such as diabetes prevention education and smoking cessation are valuable tools in reducing the rates of obesity and smoking, both issues that affect the health and quality of life of our residents.

“Emergency management is proud to be a partner to the Florida Department of Health in Santa Rosa County,” said Daniel Hahn, Plans Chief and citizen Corps/CERT Coordinator for Santa Rosa County Emergency management. “Their dynamic, forward thinking, community oriented programs and policies allow this partnership to thrive, and be the best it can be for the citizens of Santa Rosa County. Throughout the community there are programs in place to make Santa Rosa a safer and healthier place to live, and the county health department is instrumental in the success of many of them. They are great partners, and we are proud of this achievement.”

The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

Follow us on Twitter at [@HealthyFla](https://twitter.com/HealthyFla) and on [Facebook](https://www.facebook.com/HealthyFla). For more information about the Florida Department of Health please visit [www.floridahealth.gov](http://www.floridahealth.gov).

### **LOSE WEIGHT! IMPROVE FOOD CHOICES! INCREASE PHYSICAL ACTIVITY! PREVENT DIABETES!**

Florida Department of Health in Santa Rosa County is announcing the upcoming Center for Disease Control National Diabetes Prevention Program to be held at the health department in Milton, located at 5527 Stewart Street.

The first class will be Monday, April 14 from 5:30-6:30 p.m.

One out of three American adults has prediabetes, and most of them do not know it. Having prediabetes means your blood glucose (sugar) level is higher than normal but not high enough to be diagnosed as diabetes. This raises your risk of type 2 diabetes, heart disease, and stroke.

Without weight loss or moderate physical activity, many people with prediabetes will develop type 2 diabetes within 3 years. Type 2 diabetes is a serious condition that can lead to health issues such as heart attack; stroke; blindness; kidney failure; or loss of toes, feet, or legs.

The lifestyle changes you make will help you prevent or delay type 2 diabetes.

For a fee of \$10, participants will receive:

- \* A CDC-approved curriculum
- \* Labs
- \* The skills you need to lose weight, be more physically active, and manage stress
- \* A trained lifestyle coach to guide and encourage you
- \* Support from other participants with the same goals as you
- \* 16 weekly sessions
- \* Six monthly follow-up sessions to help you maintain healthy lifestyle changes — and fun!

To register, please call Susan Howell at



Diabetes flyer 1.pdf

850-983-5200 ext. 154.

### **2014 EXCELLENCE IN BUSINESS AND LEADERSHIP CONFERENCE**

If you are a business owner, leader, or aspire to be a leader, you don't want to miss the **2014 Excellence in Business and Leadership Conference**. It is guaranteed to offer a powerhouse speaker lineup and is set to be one of the most impressive annual conferences to hit Northwest Florida. This is an excellent opportunity to offer a day of dynamic and interactive leadership training for your organization.

The **Excellence in Business & Leadership Conference** is an **exclusive** event that brings leaders from all industries together to network and learn tangible best practices that will be valuable in moving your business or organization to a new level. The speaker lineup is unprecedented and is guaranteed to be one of the region's most sought after annual events. The event will also offer a special opportunity for senior leaders to register for the "Leader Round Table" luncheon, led by a panel of dynamic regional and state leaders. Participants will enjoy a magnificent beachside lunch, overlooking the beautiful Gulf of Mexico as part of the event tuition. The professional development and networking potential for this event is significant. **Enrollment is limited to 400 participants; interested parties are encouraged to REGISTER EARLY.**

Tickets and Sponsorship opportunities are **NOW available** online....

[www.excellenceinbusinessconference.com](http://www.excellenceinbusinessconference.com)



Excellence in



Excellence in

Business Conference Business & Leadership

Contact Wes Harrell [Wes.Harrell@Lifeguardambulance.com](mailto:Wes.Harrell@Lifeguardambulance.com) for more information.

### **AWESOME FUN & FAMILY FRIENDLY, CONSERVATION MINDED, COMMUNITY ACTIVITY!**

On Saturday, April 5th from 8:00 am-5:00pm at Navarre Beach Park, Navarre Beach Sea Turtle Conservation Center will host it's first ever community wide, family-friendly, fun event! In the "Amazing Race for Survival," teams will face 10 challenges ranging from sea turtle puzzles to paddling out to the Navarre Beach snorkeling reef. Awards for the fastest team to complete 7 challenges! Awards in other categories, too. Teams must consist of at least one adult and one minor. This is an awesome opportunity and a fun way for families to learn about sea turtle

conservation and the protection of both threatened and endangered sea turtles with whom we share our beaches. For more information, visit <http://navarrebeachseaturtles.org>

### **SAFE COMMUNITY LOGO**

The following is from the National Safety Council:

For each of our communities, we develop a personalized logo. Attached is the logo, with your community name, to be used widely by your coalition. Below are a few recommendations on how you can use the logo, but this is not an exhaustive list. Be creative and use this logo in ways to that will benefit your work and show off your community.

- Website, social media (Facebook, LinkedIn, Twitter).
- Community communications – emails, email signatures, letterhead, envelope/return addresses, newsletters, event promotion or communication, etc.
- Street signs, road signs, community welcome signs, banners.
- Promotional materials – t-shirts, pens, calendars, stickers.

What we ask from you is to share with us, how you will or have used the logo. There will be some time during our networking conference in September, to share. And, please encourage all your coalition members and city/town representatives to use this logo as well. You are all part of this network and we hope this logo will help you display your accomplishments.



For copies contact Daniel at [Danielh@santarosa.fl.gov](mailto:Danielh@santarosa.fl.gov)

### **BE READY FLORIDA - PREPARING HOMEOWNERS FOR THE NEXT HURRICANE**



Florida's Division of Emergency Management, in partnership with Volunteer Florida, the Be Ready Alliance Coordinating For Emergencies (BRACE) and the Florida Association of Counties, presents [Be Ready Florida](#), a series of workshops encouraging homeowners to prepare their homes for all types of disasters.

Local governments, organizations and neighborhood associations are encouraged to host a [Be Ready Florida](#) workshop for homeowners in their communities. Workshop can be conducted on-site or on-line.

Hosting a workshop is **FREE** to local communities or participants.

Workshops are designed to provide information to homeowners on disaster mitigation techniques that may reduce damage to their homes from severe windstorms and other disasters that threaten Floridians. In addition, homeowners will learn how they can save money on the windstorm portion of their homeowner's insurance premium.

For additional information and to schedule a workshop for your neighborhood or community visit: [www.BeReadyFlorida.org](http://www.BeReadyFlorida.org)

## **BUDGET FOR PREPAREDNESS**

In a recent FEMA household survey, we learned more than a quarter of participants reported they believe getting prepared is too expensive. Creating your disaster preparedness kit does not have to be costly! In fact, many of the items for your kit may be found around your home! After you have built the majority of your kit from items already in your home, you can begin to build a list for the remaining items. Here are some additional tips from citizens across the country for keeping your disaster kit cost-friendly:

- Shop at discount and dollar stores where appropriate;
- Trade extra supplies with friends or family; and
- Check the newspaper or online listings for discounted products.

For more simple and cost-friendly disaster kit suggestions, and easy steps you should take if disaster strikes, you can access FEMA's free online "[Preparedness on a Shoestring](#)" activity module.

The "Preparedness on a Shoestring" activity module is part of FEMA's "[Preparedness Activities for Communities Everywhere](#)" tools, which educates individuals about relatively easy steps to take to become prepared for all types of hazards.

## **DISASTER RECOVERY**

While recovering from a disaster is usually a gradual process, there are important financial decisions to make in the days immediately following it. Organizations like the [Consumer Financial Protection Bureau](#) can guide you through some of those decisions. Here's [what you need to know](#) regarding finances and your home:

- Take pictures of the damage and contact your insurance company to start the claims process;
- If your income is interrupted and you can't pay credit cards or other loans, contact the lenders before the next payment is due;
- Take a look at your bills and set priorities. Pay your mortgage, rent and insurance payments first; and
- Ask your utility companies to suspend your service if you are unable to live in your home.

Remember, damage to your home does not stop your responsibility to pay your mortgage. Contact your mortgage servicer and let them know your situation. There are a number of options available that may help you delay or reduce your payments.

You may also qualify for FEMA [disaster assistance](#) if you are in a [presidentially declared disaster area](#). Should an immediate need for food, shelter or water arise, the [American Red Cross](#) or [United Way](#) can also help.

## **2014 POWER UP ENERGY EXPO: BACK TO THE BEACH!**

The Gulf Coast Energy Network is pleased to announce that the Power Up Energy Expo is coming back to Pensacola Beach, on the emerald-green waters of the Gulf of Mexico, **APRIL 28-30, 2014**. Now in its 6th year, Power Up remains the premiere energy show along the Gulf of Mexico. Mark your calendar and make plans to join us!

Join hundreds of the energy sector's top experts and confirmed speakers from industry-leading companies, state/federal agencies such as the U.S. Department of Energy, U.S. Environmental Protection Agency, the U.S. Navy, the U.S. Air Force, NASA, and representatives from academia and non-profit agencies. Don't miss the 2014 Power Up Energy Expo.

Since the inaugural event in 2009, Power Up has grown each year into a truly international gathering of hundreds of energy and sustainability professionals from around the country, including international delegates representing: Germany, Italy, El Salvador, India, China, Israel, Canada, Mexico, and France.

Our mission is simple: To connect the energy industry's top experts, influential business leaders, policy makers, government/military leaders, innovators, venture capitalists, energy managers, architects, contractors & green building enthusiasts, and students in related industries, as they share innovative approaches and technologies to address the pressing energy issues, while advancing the clean energy economy. Through Power Up, we hope to foster the exchange of important ideas and information impacting the energy sector and the construction industry. Registration opens soon, but follow the Power Up Energy Expo on [LinkedIn](#) to stay connected with all the latest news and information.

The Power Up Steering Committee has once again delivered a top-notch agenda and recruited some of the industry's top leaders and innovators to bring together another stellar workshop. Certain technical sessions offer Continuing Education Credits (PDHs/CEUs) for industry professionals.

This year, the educational training workshops include: ENERGY GENERATION TECHNOLOGY, ADVANCED TRANSPORTATION & FUELS, ENERGY STORAGE & DISTRIBUTION, BIOENERGY & BIOFUELS, ENERGY/WATER MANAGEMENT & CONTROLS, ENERGY & NATIONAL SECURITY, ENERGY POLICY UPDATES, FINANCING ENERGY PROJECTS, RESEARCH & DEVELOPMENT INITIATIVES, ADVANCED CONSTRUCTION TECHNOLOGY, HIGH-PERFORMANCE SUSTAINABLE BUILDINGS & GETTING TO ZERO ENERGY.

We've added two special panels to address "ENERGY & SUSTAINABILITY INITIATIVES IN THE FEDERAL GOVERNMENT" and "ENERGY CHALLENGES FOR THE U.S. MILITARY" Don't miss these exciting training opportunities.

Check out [Power Up 2014 Agenda](#)

#### **Last Call for Speakers**

If you have a topic that we would like to submit to the Power Up Steering Committee, please [follow this link and submit your abstract](#) before the February 14th deadline.

#### **Call for Exhibitors**

Over the last 5 years, Power Up remains the best investment for companies looking to showcase themselves with new clients. With the highest return rate in the industry, most of our vendors have been partnering with us since our very first show in 2009. To show our appreciation, those exhibitors returning to Power Up will enjoy significant discounts. **DON'T DELAY - ABOUT HALF OF ALL BOOTHS HAVE ALREADY BEEN RESERVED.** Just [follow this link to download our Prospectus](#) and reserve your place at Power Up.

#### **Contact Us**

If you have questions, or would like more information about Power Up Energy Expo 2014, Please email: [info@powerupenergyexpo.com](mailto:info@powerupenergyexpo.com)

#### **VETERAN CRISIS HOTLINE INFORMATION**

1-800-273-8255 and press 1  
VeteransCrisisLine.net/Chat for online chat  
Or text 838255 to receive support

#### **HOMELESS RESOURCES FOR VETERANS**

The links below contain helpful information and often funding opportunities for those of you that serve veterans. Important Links

[VA National Call Center for Homeless Veterans](#)

[VA Center on Homelessness Among Veterans](#)

[DOL Homeless Veteran Reintegration Program](#)

[United States Interagency Council on Homelessness Veterans Page](#)

John Johnson, Executive Director, EscaRosa Coalition on the Homeless, Inc. 850.439.3009

**GET PREPARED**

<http://do1thing.com/>

This web page is an awesome way to incrementally get your family and business ready for any disaster.

**TWITTER**

SAFER Santa Rosa is on Twitter.

**FACEBOOK**

SAFER is on Facebook, find us, and become our friend ;-). We are up to 944 people! Invite friends. *Let's keep growing this communications venue. Invite other Santa Rosans to participate.* Invite your Santa Rosa friends to join you on the SAFER Facebook page.



Use of barricades policy: Free to parades and other events in Santa Rosa County that are sponsored by a chambers or government entities (Christmas parades, Mardi Gras, 4<sup>th</sup> of July etc...) or non profits, that are hosting events that are free and open to the public. The user is responsible for transportation of barricades, AND banners advertizing sponsors MUST be put on barricades. Others wanting to use the barricades must provide transportation and rent barricades at a cost of \$5 per barricade. Additional fees may be applicable if barricades are not returned within 7 days of pick up/delivery. Barricades will cost \$8 each if delivery is required. Average rental price for barricades is \$9-\$13 each through other vendors. SAFER barricades are a bargain.

**OPPORTUNITIES**

*There is no better exercise for your heart, than reaching down and helping to lift someone up. - Bernard Meltzer*



**“SHELTER OPERATIONS SUPPORT”  
A FUNCTIONAL NEEDS SUPPORT SERVICES TABLETOP EXERCISE**

Whether the disaster is an earthquake, flood, tornado or hurricane Medical Reserve Corps can be called upon to work within a shelter environment to meet the needs of individuals and families that have been temporarily displaced from their homes.

**So what's a Medical Reserve Corp to do?**

For starters, Medical Reserve Corps are encouraged to participate in “[Shelter Operations Support](#)” a functional needs support services exercise that will take place on May 6, 2014. This exercise is designed to provide an opportunity for the MRC members to work through a number of challenging scenarios and injects associated with being assigned to work within an evacuation shelter.



For additional information and to sign your MRC up to participate in this very engaging exercise visit:

[www.drc-group.com/project/sos.html](http://www.drc-group.com/project/sos.html)

“Shelter Operations Support” is part of the [Caduceus Shield](#) Exercise Initiative created to provide exercises for critical components of America's health system.

**AMERICAN RED CROSS NEEDS SHELTER VOLUNTEERS**

The American Red Cross is looking for volunteers to help victims of disaster by staffing emergency shelters. During a large disaster, several shelters will be opened in the area and we are looking for caring, compassionate volunteers that can help provide a temporary home for those seeking shelter. Shelter volunteers are on the front lines of the disaster response. Duties include registering clients, setting up cots, preparing & serving meals, cleaning, talking with residents, activity planning, and so much more. Shelter workers must be trained ahead of time, so don't wait until hurricane season to prepare to help!

Sheltering is great opportunity for individuals, couples, church groups, and other groups to volunteer together to help your community. There are several training opportunities coming up in the area, so pick one that is convenient for you or your group:

Sheltering Fundamentals and Exercise	Wed, Apr 02 2014	9AM-4PM	Milton Community Center 5629 Byrom Street Milton, FL 32570
Sheltering Fundamentals and Exercise	Fri, Apr 04 2014	9AM-4PM	American Red Cross Crestview Office 4100 S. Ferdon Blvd Ste. B4, Crestview FL 32536
Sheltering Fundamentals and Exercise	Tue, Apr 08 2014	9AM-4PM	American Red Cross Pensacola Office 222 Baylen Street, Pensacola FL 32502
Sheltering Fundamentals and Exercise	Sat, Apr 19 2014	9AM-4PM	American Red Cross Pensacola Office 222 Baylen Street, Pensacola FL 32502

To sign up for training, or for more information on other opportunities with the American Red Cross, contact [doug.watson@redcross.org](mailto:doug.watson@redcross.org) or call us at 850-432-7601.

**BUILDING A FLU EMERGENCY SUPPLIES KIT**

Today's training video can be found at the following web site:

[www.JustInTimeDisasterTraining.org](http://www.JustInTimeDisasterTraining.org)

Join the Just In Time Disaster Training Library's [Twitter](#).



**JUST IN TIME DISASTER TRAINING VIDEO LIBRARY**  
**NEW SUBJECT – NEIGHBORHOOD PREPAREDNESS AND RESPONSE**

A new subject has been added to the Just In Time Disaster Training Video Library.

**Neighborhood Preparedness and Response**

Featured videos include:

- Building a Neighborhood Disaster Plan
- How to Help Your Neighborhood Prepare for an Emergency
- Map Your Neighborhood
- Neighborhood Emergency Communications

Now with over 627 disaster mitigation, preparedness, response and recovery training videos the library is the most comprehensive, easy to search, **FREE** internet based source for training curriculum for today's emergency responders.

The library can be accessed at the following web site: [www.JustInTimeDisasterTraining.org](http://www.JustInTimeDisasterTraining.org)

Share access to this unique disaster training resource with others by linking your web site to the library today. Join the Just In Time Disaster Training Library's [Twitter](#).

### **BRIDGES TRAINERS - GET RECERTIFIED ONLINE!**

Is your Bridges Out of Poverty trainer certification more than two years old? Do you need to recertify but don't have a lot in your travel budget?

There are several upcoming opportunities to recertify online with Phil DeVol:

**May 29, 2014 11:00 a.m. - 2:00 p.m. (CDT)**

**Nov 20, 2014 11:00 a.m. - 2:00 p.m. (CDT)**

You can also convert to [Lifetime Certification](#) at this time.

What are the benefits of having a Lifetime Certification?

- Monthly trainer tips
- Newsletters
- Online support
- **Attend biennial online recertification sessions for free!**

This not only saves money; it also saves you time out of your office.

**Register today!**

For more information, email us at [questions@bridgesoutofpoverty.com](mailto:questions@bridgesoutofpoverty.com), or call us at (800) 424-9484. We look forward to working with you! The Bridges Out of Poverty Team

### **BUILDING RESILIENT COMMUNITIES: AN ONLINE TRAINING**

The RAND Corporation developed a free emergency preparedness [online training](#) outlining how organizations and communities can better prepare for emergencies and strengthen their resilience. Resilience means:

- mitigating and withstanding the stress of manmade and natural disasters.
- recovering in a way that restores normal functioning.
- applying lessons learned from past responses to better withstand future incidents.

The training is intended for a diverse range of organizations, including businesses; faith-based organizations; hospitals, health clinics, and other health agencies; mental health providers; schools and universities; civic and volunteer groups; first responders; local government agencies; public health departments; and nonprofit agencies.

### **NEWS (blue is new)**

*Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has. --Margaret Mead*

Social Media Changes Emergency Operations, Adds Immediacy

<http://www.govtech.com/internet/Social-Media-Changes-Emergency-Operations-Adds-Immediacy.html>

You Are Subsidizing a Fancy Beach House That'll Be Destroyed in a Flood

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Pandemic Potential Seen in Gene Changes of Bird Flu

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Nine ways to make your cell phone last the whole storm even if the power goes out  
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5 Trends for Emergency Management and Public Safety for 2014 and Beyond  
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ASPR Blog, Prepared to Serve: Medical Reserve Corps  
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Crisis counseling after a disaster: Does anything really help?  
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Psychosocial activities for children relieve anxiety, aid recovery  
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Business and disaster preparedness: helping communities prepare for effective response  
[http://www.preventionweb.net/english/professional/publications/v.php?id=35643&a=email&utm\\_source=pw\\_email](http://www.preventionweb.net/english/professional/publications/v.php?id=35643&a=email&utm_source=pw_email)

A year after Sandy, businesses unprepared for disaster  
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Building Resilient Communities: An Online Training  
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