

FACILITY

Aqua Bella Fitness & Day Spa
5900 Berryhill Road
Milton, FL 32570
850-626-2627

Curves (Milton)
5941 Berryhill Rd., Unit G
Milton, FL 32570
(850) 981-8390

Curves (Pace)
4851 W. Spencerfield Rd.
Milton, FL 32571
(850) 994-8833

Excel Fitness
6410 HWY 90
Milton, FL 325
(850) 623-1045

Riviera Fitness Center (Pace)

33 School Lane
Pace, FL 32571
(850) 994-5552

SERVICES

Cardio, free weights, group fitness, hydolic circuit, indoor pool, key weight training circuit. Personal training, tanning, massage at an extra fee.
M-F 6:00a.m. – 8:00 p.m.
Sat – 8:00 a.m. – 1:00 p.m.

Open to women only. Program includes 30 minutes strength training/cardio using hydraulic machines set up in a circuit.
M-F 6:30 a.m. – 7:00 p.m.
Sat 8:00 a.m. – 11:00 a.m.

Open to women only. Rates include 30 minute strength training/cardio using hydraulic machines set up in a circuit.
M-F 6:30 a.m. – 7:00 p.m.
Sat 8:00 a.m. – 11:00 a.m.

Full service gym to include, weight machines, free weights, cardio equipment, aerobics, personal training, tanning, daycare room (un-staffed).
M-F 5:00a.m. – 9:00 p.m.
Sat and Sun 9:00 a.m. – 3:00 p.m.

Full service gym to include, weight machines free weights, cardio equipment, and aerobics. Personal training at an additional fee.
M-Thu 5:00 a.m. – 9:00 p.m.
F – 5:00 a.m. – 8:00 p.m.
Sat 9:00 a.m. – 5:00 p.m.

DISCOUNTS

10% off the \$45.00 monthly rate. \$40.50 plus \$99.00 registration fee

\$100.00 of registration fee and 15% off current monthly dues. Minimum 12 month contract. Offer good for spouse also.

\$100.00 off registration fee & 15% off current monthly dues. Minimum 12 month contract. Offer good for spouse also.

1 day \$7.00, monthly \$35.00, 6 month \$20.00, 1 yr \$17.50 (\$15.00 each family member), 2 yr \$15.00 (\$15.00 each family member. A \$10.00 registration fee.

10% off current rates