

In January, the Planning and Zoning Division organized a “Biggest Loser’s Club” with 13 individuals from P&Z and 1 from Engineering. These 14 participants were divided into two teams with the competition lasting six months. Each person paid a weekly fee and the money was used as the reward for the team with the greatest percentage of weight loss as well as an individual reward for the “Biggest Loser”. This was intended to be an opportunity for everyone involved to both lose weight and to improve their health by eating correctly and exercising. By doing this together, they motivated each other, as well as kept each other on track with their weight loss goals for the New Year. Together, they lost 347 lbs in six months. The Biggest Loser is Paul Miller with a total weight loss of 65 lbs (27.31%)!! Second Place Winner is Laurie Schulze and Darliene Stanhope came in third.

