

SANTA ROSA COUNTY EMPLOYEE ASSISTANCE PROGRAM

We recognize the value and importance in developing our most valuable resource ---**OUR EMPLOYEES**. The increased stresses in the world today have impacted the workplace making it imperative that we find ways to support our employees. It is easy to become overwhelmed and out-of-balance. Personal problems can affect one's ability to function on the job, just as job demands can influence one's home-life and personal relationships.

Our **EMPLOYEE ASSISTANCE PROGRAM (EAP)** provides confidential professional counseling to help you and your family with resources and tools to successfully deal with personal difficulties such as:

- Stress or job performance difficulties.
- Marital, family or adolescent problems.
- Depression and Anxiety.
- Alcohol or drug dependence.
- Grief and Loss.

You or any member of your immediate family who is living with you may seek help. (Children who are age 21 or older, employed full time, temporarily visiting their parents, or not living in your home are not eligible for EAP.) You or a qualified family member can make an appointment with an EAP counselor by calling **(850) 478-0008**. Tell the person who answers where you work and that you want to make an EAP appointment.

Your employer will not be notified if you or a qualified family member decides you want help through this program. You cannot be required to get help through the EAP. However, your supervisor can strongly recommend that you seek assistance with the EAP.

You may be encouraged to seek professional help through the EAP, if your supervisor feels that personal problems may be affecting your work performance. EAP gives you an opportunity to resolve a problem that may be affecting your work performance before the problem endangers your employment.

Your personal concerns are NOT the business of the County nor your supervisor. However, if your supervisor feels that poor-work performance or absenteeism may be caused by these problems, he or she would be justified in recommending EAP to you.

The counselor is a licensed professional who provides personalized, private and confidential counseling.

Karen Shell, LMHC
Child & Family Development Ctr.
900 Gardengate Circle
Pensacola, Florida 32504
(850) 478-0008

All evaluations and counseling services are **STRICTLY CONFIDENTIAL**.

The **COUNTY** has prepaid the cost of the initial evaluation plus 2-additonal sessions for you and your immediate-family members. The cost for further serices may be covered by your insurance. If you need ongoing assistance, you will be referred to qualified resources. Your benefits-coverage and ability to pay are considered when making referrals, since the financial responsibility will be yours. The least intrusive, most appropriate level of help is always recommended.

DIRECTIONS FROM THE NORTH (Via I-10 W to I-110 S)

1. Take ramp **right** for **I-10W** toward Mobile, AL.
2. At exit-12 take ramp **right** for **I-110S** toward Pensacola & Pensacola Beach
3. At **exit-5** take ramp **right** for **Brent Ln.** toward Airport.
4. Turn **left** onto **Brent Ln.**
5. Then **left** on **N. Davis Hwy.**
6. Turn **right** onto **Airport Blvd.**
7. Next is a **left** onto **Otter Point Rd.** then **immediately** turn **left** onto **Gardengate Cir.**, to **Destination at Bottom of hill.**

FROM THE SOUTH (Via I-110 N)

1. On **I-110 N** use **exit-5** ramp for **Brent Ln.**
2. Turn **right** on **Brent Ln.** toward the Pensacola Airport..
3. Then turn **left** onto **N. Davis Hwy.**
4. Proceed and turn **right** onto **Airport Blvd..**
5. Next turn **left** onto **Otter Point Rd.**; then **immediately left** onto **Gardengate Cir.**, to **Destination at Bottom of hill.**

Karen Shell, LMHC, with the Child & Family Development Center in Pensacola currently contracts with Santa Rosa County Board of County Commissioners to provide Employee Assistance Program (EAP) services to employees. Everyone experiences problems at one time or another. EAP provides confidential professional services to help you and your family with personal difficulties such as stress or job performance difficulties, marital, family or adolescent problems, emotional disorder, alcohol or drug dependence, financial crisis and legal concerns. The County has prepaid the cost of the initial evaluation plus two additional counseling sessions for you and each member of your immediate family who is living with you (children who are age 21 or older, employed full time, temporarily visiting their parents, or not living in your home are not eligible to use the EAP). You or an eligible family member can make an appointment by calling (850) 478-0008. Tell the person who answers where you work and that you want to make an EAP appointment.

Child & Family Development Center, 900 Garden Gate Center, Pensacola, FL 32504