



NEWSLETTER

Support Alliance For Emergency Readiness

CREATING A **SAFER** SANTA ROSA

www.safersantarosa.org

21 January 2014

No act of kindness, no matter how small, is ever wasted. - Aesop

NEEDS, REQUESTS, DONATIONS

We can do no great things -- only small things with great love. --Mother Teresa

"You make a living by what you get, but you make a life by what you give". -- Winston Churchill

BAY AREA FOOD BANK FOOD DISTRIBUTION IN FEBRUARY



Eligibility form for
Mobile Pantry Particip

Here is an opportunity for us to help 125 families in the county. The eligibility form is attached. The information below is not on the form-

The Food distribution will be held Feb. 9, 2014, Sunday at 10:30

Where: 8133 Opportunity Drive, East Milton Industrial Park

Bring: Drivers License or ID

Please fax the referrals to the United Way, 626-9584

We will be notified as soon as they receive 125 applications.

Debbie Price, RN, BSN, NCSN Nursing Program Specialist
Florida Department of Health in Santa Rosa County-School Health
850-936-6130 cell: 850-698-9140 priced@mail.santarosa.k12.fl.us

SUPPORT THE ESCAROSA COALITION ON THE HOMELESS; U-COUNT HOMELESS SERVICES DAY 2014

EscaRosa Coalition on the Homeless will be conducting its 2nd Annual U-Count Homeless Services Day, Thursday January 23rd, at The Salvation Army Community Center (located 1501 N. Q Street) from 10 a.m. to 1 p.m. You have been selected as a partner to provide your exceptional service(s). U-Count is a "One-day, One-stop" service event, which is exclusive to the vulnerable individuals and families experiencing homelessness in our community.

Social service agencies will experience a rare and unique opportunity to provide access to their services remotely in partnership with other providers in the community. The homeless will benefit by accessing a myriad of services from a single site location. Services will include housing placement, mental health, health care screenings, and other mainstream resources, which will empower those experiencing homelessness to end it.

We are striving to make this event a successful one, your participation is critical to the U-Count Homeless Services Days' overall success.
Let's show the homeless we care!

Please complete and submit the attached Service Provider Registration Form and the Confidentiality Release of Liability Agreement for each staff or volunteer attending the event.

1. Only those registered by January 16th will be allowed to participate.
2. Each agency will receive a confirmation prior to the event.
3. Each agency will need to bring your own signage.
4. Each agency will have a designated position in the gym.
5. Table and Chairs will be provided.
6. Exterior location is available for RV Units and campers...

Set up is on Thursday by 8:30 am and take down on Thursday after 1 pm.

- Mail: EscaRosa Coalition on the Homeless P.O. Box 17222, Pensacola, FL 32522
- Email: serene.keiek@ecoh.org
- Fax: 850-436-4656

U-Count Event Coordinator: Serene Keiek: Cell (850)-232-9548, email serene.keiek@ecoh.org



We look forward to seeing you at U-Count!

John Johnson, Executive Director EscaRosa Coalition on the Homeless, Inc. 439.3009

INFORMATION

When you cease to make a contribution you begin to die. - Eleanor Roosevelt

EARLY LEARNING COALITION

For a **limited time** the Early Learning Coalition of Santa Rosa County has **open enrollment** for school readiness child care for income-eligible families. Since we have not had open enrollment for some time, many families may not have applied, knowing that we have had a significant waiting list in the recent past but may need to apply for services again.

Basic qualifications:

- Family/Parent must reside in Santa Rosa County
- Applicant must be working 20 or more hours per week or be a full-time student
- Total family gross income must be at or below 150% of the Federal Poverty Level
- Child or children must be 5 years of age or younger and not yet eligible for kindergarten; and older siblings may be considered if younger siblings qualify for care

Our contact for anyone to call to see if they are eligible for child care is 850-983-5313 in Milton and 850-916-5422 in Gulf Breeze.

HEAD START PROGRAM RECRUITMENT INFO



The Santa Rosa County District Schools Early Head Start/Head Start Pre-Kindergarten Programs is beginning their Recruitment for the 2014-2015 school year. We would be most appreciative for your assistance in getting the information out to local communities to help recruit potential student enrollees for the upcoming program year. The

recruitment efforts that we conduct are extremely important to the enrollment of the Pre-K students district-wide.

We appreciate your support of the Early Head Start/Head Start Pre-K Program and with your assistance we look forward to a wonderful recruitment season! If you have any questions or need additional information, please feel free to contact Ms. Dickens or Mrs. Patrick in the ERSEA office at (850) 983-5720 ext. 208 or ext. 210.

SENIOR EXPO AND HEALTH FAIR



Senior Expo Flyer
2014.pdf



Senior Expo 2014
application.pdf

Santa Rosa Medical Center and the Retired and Senior Volunteer Program have joined forces to offer the 16th Annual Senior Expo & Health Fair to seniors in our community.

Don't miss out on this great day of health screenings, local community information, entertainment, and fun!

Thursday, March 13, 2014
8 am – Noon
Milton Community Center
5629 Byrom Street • Milton, FL

FLU SHOTS FOR PREGNANT WOMEN COVERED BY MEDICAID

Milton, FL - The Florida Department of Health in Santa Rosa County (DOH-Santa Rosa) would like to remind everyone that it is not too late to get a flu shot. The flu vaccine is recommended for everyone six months of age and older, especially those at high risk of serious complications from the flu, including those with chronic health conditions, and women who are pregnant or may become pregnant.

Because of the severe impact the flu has been having on pregnant women and their babies, Medicaid is temporarily covering the cost of flu shots for pregnant women age 21 and older through March 31, 2014. However, payment is only authorized for flu shots administered at a county health department location or doctor's office. Shots given at pharmacies are not covered.

For pregnant women, complications from the flu can be serious, causing hospitalization, premature labor and delivery, and even death. The flu vaccine protects not only the mother but the baby as well for up to six months after birth.

"We know that the predominant strain of flu this year is 2009 H1N1, and that it is hitting pregnant women especially hard," said Sandra Park-O'Hara, A.R.N.P., administrator of DOH-Santa Rosa. "Getting a flu shot is the most important step pregnant women can take to protect themselves and their babies from the flu." The 2013-2014 seasonal flu vaccine includes the component for 2009 H1N1.

Flu symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue, and, in some cases, vomiting and diarrhea. In addition to the flu shot, which offers the best protection against the flu, DOH-Santa Rosa encourages these precautions:

- Wash your hands frequently with warm water and soap. If soap and water are not available, use an alcohol based hand sanitizer.
- Cover sneezes and coughs with a disposable tissue and throw the tissue away after use, or sneeze or cough into your elbow or sleeve.
- Stay home if you are sick, except to seek medical attention. If you begin to experience flu-like symptoms, contact your health care provider right away. Your provider may be able to prescribe an antiviral medicine that treats the flu.

For more information on pregnant women and influenza, visit the Centers for Disease Control (CDC) website at: <http://www.cdc.gov/flu/protect/vaccine/pregnant.htm>.

MARTIN LUTHER KING EVENTS

You should really try to participate in some of these events

Jan 18th – Prayer Breakfast with Sue Straughn as speaker. , 9 am at **TR Jackson**, \$10 Donation

Jan 19th- Commemorative Program with Dr. Michael Johnson speaking. 6 pm at Mt. Pilgrim Baptist Church

Jan 20th- Parade, 10 am, Starts from MHS Parking lot to Burger King, and Ceremony & Block Party, 11:30 am on Dr. MLK, Jr. Drive (in front of Mt. Pilgrim African Baptist Church) Block Party with service projects: Can food drive, and beautification of Lucille Johnson Park ends at 4 pm.

VETERAN CRISIS HOTLINE INFORMATION

1-800-273-8255 and press 1

VeteransCrisisLine.net/Chat for online chat

Or text 838255 to receive support

HOMELESS RESOURCES FOR VETERANS

The links below contain helpful information and often funding opportunities for those of you that serve veterans. Important Links

[VA National Call Center for Homeless Veterans](#)

[VA Center on Homelessness Among Veterans](#)

[DOL Homeless Veteran Reintegration Program](#)

[United States Interagency Council on Homelessness Veterans Page](#)

[Substance Abuse and Mental Health Services Administration Military Families Pages](#)

John Johnson, Executive Director, EscaRosa Coalition on the Homeless, Inc. 850.439.3009

LET THE GOOD TIMES ROLL AT THE MARDI GRAS FUN RUN & WALK!

Lace up and roll out to the greatest and only Mardi Gras Fun Run & Walk in Pensacola! Special Olympics is kicking off the Mardi Gras season by bringing the community together to promote diversity and inclusion with a 5k and 1-mile Fun Run and Walk in the beautiful East Hill neighborhood. This fun event is perfect for the whole family- strollers, wheelchairs and pets welcomed! Following the race is the Finish Line Party- complete with great food, beer, music

and family-friendly activities brought to you by local businesses. Participate as an individual or with family, friends or co-workers as a team. Make a team and give yourself a “Krewe” name, designate colors and create costumes- the crazier, the better! Awards and Trophies will be awarded to overall male/female finishers, best costumes and top fundraisers. All proceeds support local athletes with intellectual disabilities so come out and be a fan of Special Olympics!

SIGN UP TODAY! <https://www.Firstgiving.com/SOFL/MardiGras2014>

Visit the event **Facebook** page at <https://www.facebook.com/MardiGrasFunRunPensacola> for updates and more information.

Early packet pickup is from 4:00 PM to 8:00 PM Friday, February 7th, 2014 at the Bayview Community Center, 2001 E. Lloyd St., Pensacola, FL 32503. Race day registration and packet pickup starts at 10:30 AM to 11:30 AM Saturday, February 8th at the Bayview Community Center. The 5k and 1-mile Fun Run & Walk begin at 12 PM and 12:15PM respectively on Saturday, February 8th with a starting at Bayview Park, 2001 E Lloyd St in Pensacola.

“Laissez les bon temps rouler”/ “Let the good times roll”!

For More Information Contact:

Name: Jessica Barrale Title: Director, Special Olympics Florida-Escambia/Santa Rosa
Phone: 850.291.6234 Email:jessicabarrle@specialolympicsescambia.com

STOP ADULT FINANCIAL EXPLOITATION



Operation SAFE
Flyer - General.pdf

There will be a workshop on January 28, 2014 for seniors regarding stopping adult financial exploitation. It will deal with spotting a scam, outsmarting con artists, avoiding ID Theft etc. It will be held at the Santa Rosa County Auditorium, 4530 Spikes Way, Milton, FL. from 10 – 11:30 a.m. This is at no charge to the attendees. Please see the flyer above

GET PREPARED

<http://do1thing.com/>

This web page is an awesome way to incrementally get your family and business ready for any disaster.

TWITTER

SAFER Santa Rosa is on Twitter.

FACEBOOK

SAFER is on Facebook, find us, and become our friend ;-)
We are up to 757 people! Invite friends. *Let's keep growing this communications venue. Invite other Santa Rosans to participate.* Invite your Santa Rosa friends to join you on the SAFER Facebook page.



Use of barricades policy: Free to parades and other events in Santa Rosa County that are sponsored by a chambers or government entities (Christmas parades, Mardi Gras, 4th of July etc...) or non profits, that are hosting events that are free and open to the public. The user is responsible for transportation of barricades, AND banners advertizing sponsors MUST be put on barricades. Others wanting to use the barricades must provide transportation and rent barricades at a cost of \$5 per barricade. Additional fees may be applicable if barricades are not returned within 7 days of pick up/delivery. Barricades will cost \$8 each if delivery is required.

Average rental price for barricades is \$9-\$13 each through other vendors. SAFER barricades are a bargain.

OPPORTUNITIES

There is no better exercise for your heart, than reaching down and helping to lift someone up. - Bernard Meltzer

CERT TRAINING IN NAVARRE

We will have CERT training in Navarre March 21/22/23 & March 28/29/30.

Sue, can you post on the web page and I will get a press release drafted.

Classroom for the **first weekend will be at St Sylvester Church**...second week classroom still TBD (but not at St Sylvester). Both Navarre and Midway fire training rooms are not available so we will make a few schedule adjustments as needed.

21	1800 – 2000	28	1800 – 2000
22	0900 – 1700	29	0800 – 1700
23	1300 – 1700	30	1200 – 1600 field exercise



[Formidable Footprint](#) is a nationwide series of exercises designed specifically for neighborhood, community and faith based organizations to assess their disaster preparedness and response capabilities.

[Register today](#) for one of the following three exercises:

<i>January 25</i>	<i>February 22</i>	<i>March 29</i>
<i>Pandemic</i>	<i>Hurricane</i>	<i>Solar Storm</i>

Exercises have also been scheduled for the following scenarios:
Earthquake – Flood – Tornado – Wildfire

The objective of the exercise series is for CERTs, Neighborhood Watch Programs, Neighborhood Associations, Community / Faith Based Organizations, Citizen Corps, Fire Corps and others to work as a team to become better prepared for the next disaster their community may face.

There is **NO CHARGE** for participation in any of the Formidable Footprint exercises.

For additional information or to register for up-coming exercises please access the following web site today:

www.FormidableFootprint.org

A Media Advisory and Press Release can be accessed, localized and sent to your local media to assist you in promoting the Earthquake Exercise.

Pandemic Exercise - Media Advisory	WORD
Pandemic Exercise - Press	WORD

Stay informed regarding future exercises by joining the Formidable Footprint [Twitter](#) and [LinkedIn Group](#).

Please Share This Important Disaster Exercise Opportunity With Others

AMERICAN RED CROSS DISASTER TRAINING

New Volunteer Orientation and Disaster Services Overview. Everyone is welcome! Learn about Your Red Cross, explore a variety of volunteer opportunities, meet other volunteers and get credit for your first disaster class (*Disaster Services Overview is a prerequisite for all other Disaster Courses*).

-Thursday, February 13th 6:00pm-8:30pm. Crestview (4100 S Ferdon Blvd, Suite B4)

Client Casework. Learn how the Red Cross provides services to our clients and become familiar with the procedures, policies, and paperwork so you can help following a disaster, from a major hurricane to a single family fire.

-Saturday, January 25th 9:00am-3:00pm. Crestview (4100 S Ferdon Blvd, Suite B4)

Bulk Distribution. During a disaster response, the Red Cross distributes supplies such as blankets, flashlights, clean-up kits, gloves, and other items to affected families. Learn the process and how you can be a part of this important activity.

-Thursday, January 30th 9:00am-Noon. Pensacola (222 N. Baylen Street)

For more information on volunteering with the American Red Cross and Disaster Training opportunities, contact doug.watson@redcross.org or call us at 850-432-7601.

FREE TRAINING

TRANSCAER® (Transportation Community Awareness and Emergency Response) and the District 1 Local Emergency Planning Committee (LEPC) is offering the following FREE Training Courses:

Anhydrous Ammonia Emergency Response Training

Course Description: With Anhydrous Ammonia being a large part of American agricultural, manufacturing, commercial, and transportation industries and incidents occurring in the past across the United States, there is a possibility that at some point a large ammonia incident may occur. TRANSCAER® has created a high-quality training program that will help prevent and or mitigate such an incident for emergency responders in communities where anhydrous ammonia is manufactured, stored, shipped, transported, or used in high volume quantities.

Target Audience: Public Sector: emergency first responders, emergency managers, municipal and private wastewater treatment plant workers, ammonia transportation workers and others who may work with ammonia.

Chlorine Transportation Emergency Response Training

Course Description: Upon successful completion of this program participants will have the knowledge and hands-on experience necessary to safely and effectively respond to chlorine emergencies involving rail tank cars and highway tank trailers, cargo containers, cylinders and one-ton cylinders.

Target Audience: Public Sector: emergency first responders, emergency managers, municipal and private wastewater / water treatment plant workers, chlorine transportation workers and others who may work with chlorine.

Ethanol and Ethanol-Blended Emergency Response Training

Course Description: Ethanol and ethanol-blended fuels are in use in growing quantities in the United States, and volumes have become substantial. Consumers in the United States use more than 140 billion gallons of gasoline per year. Today, there are more than 8 billion gallons of fuel ethanol produced in the United States. The addition of ethanol to gasoline presents some unique fire fighting challenges. Traditional methods of fire fighting against hydrocarbon (gasoline) fires have been found to be ineffective against these polar solvent-type (ethanol-blended) fuels.

Target Audience: Public Sector: emergency first responders, emergency managers, ethanol transportation workers and others who may work with ethanol.

DATE: Two course offerings for each course:
Wednesday, March 5, 2014
Thursday, March 6, 2014



LOCATION: CSX Transflo Site, 4700 Sycamore Drive, Pensacola FL

TIME: Each course is from 7:30 am until 3:30 pm. NOTE: Lunch will be provided each day.

Please register online at: <http://trac.floridadisaster.org/> or www.transcaer.com

BUILDING A FLU EMERGENCY SUPPLIES KIT

Today's training video can be found at the following web site:

www.JustInTimeDisasterTraining.org

Join the Just In Time Disaster Training Library's [Twitter](#).



JUST IN TIME DISASTER TRAINING VIDEO LIBRARY **NEW SUBJECT – NEIGHBORHOOD PREPAREDNESS** **AND RESPONSE**

A new subject has been added to the Just In Time Disaster Training Video Library.

Neighborhood Preparedness and Response

Featured videos include:

- Building a Neighborhood Disaster Plan
- How to Help Your Neighborhood Prepare for an Emergency
- Map Your Neighborhood
- Neighborhood Emergency Communications

Now with over 627 disaster mitigation, preparedness, response and recovery training videos the library is the most comprehensive, easy to search, **FREE** internet based source for training curriculum for today's emergency responders.

The library can be accessed at the following web site: www.JustInTimeDisasterTraining.org

Share access to this unique disaster training resource with others by linking your web site to the library today. Join the Just In Time Disaster Training Library's [Twitter](#).

BRIDGES TRAINERS - GET RECERTIFIED ONLINE!

Is your Bridges Out of Poverty trainer certification more than two years old? Do you need to recertify but don't have a lot in your travel budget?

There are several upcoming opportunities to recertify online with Phil DeVol:

Feb 27, 2014 11:00 a.m. - 2:00 p.m. (CDT)
May 29, 2014 11:00 a.m. - 2:00 p.m. (CDT)
Nov 20, 2014 11:00 a.m. - 2:00 p.m. (CDT)

You can also convert to [Lifetime Certification](#) at this time.

What are the benefits of having a Lifetime Certification?

- Monthly trainer tips
- Newsletters
- Online support
- **Attend biennial online recertification sessions for free!**

This not only saves money; it also saves you time out of your office.

[Register today!](#)

For more information, email us at questions@bridgesoutofpoverty.com, or call us at (800) 424-9484. We look forward to working with you! The Bridges Out of Poverty Team

BUILDING RESILIENT COMMUNITIES: AN ONLINE TRAINING

The RAND Corporation developed a free emergency preparedness [online training](#) outlining how organizations and communities can better prepare for emergencies and strengthen their resilience. Resilience means:

- mitigating and withstanding the stress of manmade and natural disasters.
- recovering in a way that restores normal functioning.
- applying lessons learned from past responses to better withstand future incidents.

The training is intended for a diverse range of organizations, including businesses; faith-based organizations; hospitals, health clinics, and other health agencies; mental health providers; schools and universities; civic and volunteer groups; first responders; local government agencies; public health departments; and nonprofit agencies.

NEWS (blue is new)

Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has. --Margaret Mead

Crisis counseling after a disaster: Does anything really help?

<http://www.nbcnews.com/health/crisis-counseling-after-disaster-does-anything-really-help-2D11741673>

Psychosocial activities for children relieve anxiety, aid recovery

<http://reliefweb.int/report/philippines/psychosocial-activities-children-relieve-anxiety-aid-recovery>

Business and disaster preparedness: helping communities prepare for effective response

http://www.preventionweb.net/english/professional/publications/v.php?id=35643&a=email&utm_source=pw_email

A year after Sandy, businesses unprepared for disaster

<http://www.nbcnews.com/business/year-after-sandy-businesses-unprepared-disaster-8C11439138>

Preparing Makes Sense for People with Disabilities and Other Access and Functional Needs-Video

<http://www.youtube.com/watch?v=ZLLMDOScE4g&feature=youtu.be>

Building Resilient Communities: An Online Training

http://www.rand.org/pubs/tools/TL109.html?qoback=%2Egde_95355_member_271477566#%2

When disaster and disability converge
<http://www.ipsnews.net/2013/08/when-disaster-and-disability-converge-part-one/>

New Hope for Older People in a Disaster
<http://blog.aarp.org/2013/08/12/hope-for-older-persons-in-a-disaster/>

Decision-making in a crisis: Understanding the brain
http://www.securitynewsdesk.com/2013/06/27/decision-making-in-a-crisis-understanding-the-brain/?qoback=%2Egmp_3876618%2Egde_3876618_member_257800797

Strong leaders act before disaster strikes
<http://www.winnipegfreepress.com/local/strong-leaders-act-before-disaster-strikes-214249751.html>

OFB-EZ – a new, free business continuity tool
http://www.disastersafety.org/disastersafety/open-for-business-ez/?utm_medium=email&utm_campaign=IBHS+Launches+New+Disaster+Planning+Tool+for+Small+Businesses&utm_content=IBHS+Launches+New+Disaster+Planning+Tool+for+Small+Businesses+CID_29d5712ad3cfda67821107234642c451&utm_source=Email%20marketing%20software&utm_term=dedicated%20OFB-EZ%20web%20page&qoback=%2Egmp_3876618%2Egde_3876618_member_249997713

5 Things You Don't Know About Disasters
http://www.weather.com/news/fema-fugate-know-5-things-about-disaster-20130625?cm_ven=Facebook&cm_cat=fb_article_rec&fb_ref=story_share

The Risks You Don't Think of: A Plea to Pack a 'Go Bag'
<http://www.wired.com/wiredscience/2013/06/the-risks-you-dont-think-of-a-plea-to-pack-a-go-bag/>

Emerging Technology for Family Emergency Preparedness
http://www.huffingtonpost.com/tony-loftis/emerging-technology-for-f_b_3420895.html

How Social Media Is Changing Disaster Response
<http://www.scientificamerican.com/article.cfm?id=how-social-media-is-changing-disaster-response>

Is Your Business Continuity Plan Ready for the Summer Vacation Season?
<http://www.disastersafety.org/disastersafety/business-continuity/>

10 Worst Things to Donate After a Disaster
<http://money.howstuffworks.com/10-worst-things-donate-after-disaster.htm>

Zombies and Preparedness: Five tips for using metaphors in exercises and outreach
<http://freeresources.lucienecanton.com/2012/10/zombies-and-preparedness-five-tips-for-using-metaphors-in-exercises-and-outreach.html>

Woeful Success Rate in Citizen Preparedness Suggests New Approaches is Necessary
<http://www.emergencymgmt.com/disaster/Woeful-Success-Rate-Citizen-Preparedness.html>

Why Aren't Americans Listening to Disaster Preparedness Messages?
<http://www.rand.org/blog/2012/06/why-arent-americans-listening-to-disaster-preparedness.html>